YOUTH MENTAL HEALTH AND ADDICTION CHAMPIONS (YMHAC) INITIATIVE

School Staff Survey





1.

As part of the Youth Mental Health and Addiction Champions (YMHAC) Initiative, we would like to ask you a few questions about your role in the Initiative and about your satisfaction with different aspects of your involvement. Your answers, along with those of other school staff involved with the YMHAC Initiative, will help us to better support school staff in the future as they work with youth. The survey should only take about 10 minutes to complete.

Your responses will be kept completely confidential. You will not be identified by name or by school. The responses you provide will be analyzed together with all other school staff and included in an Executive Summary and accompanying Technical Evaluation Report which will be shared with the Registered Nurses' Association of Ontario (RNAO), participating health units, and schools.

What role did you play in the YMHAC Initiative? (Check all that apply)

Thank you again for your participation and we look forward to your responses!

■ Membership and support on local steering committee.
■ Assist Mental Health Lead and Public Health Lead in recruitment of Youth Leads.
□ Support Youth Leads to plan and facilitate Youth Champion Workshop.
■ Assist Public Health Lead and Youth Lead in the recruitment of Youth Champions.
$\hfill \blacksquare$ Ensure that mental health initiatives are linked to other relevant school-wide health promotion and well-being initiatives.
□ Accompany/supervise Youth Leads at provincial training session.
□ Contribute to conducting school needs assessment.
□ Provide logistical support in organizing Youth Champion Workshops.
□ Plan and implement activities after the Youth Champion Workshops to promote mental health and wellbeing.



■ Other, please specify





Was this your preferred role?Yes (skip to Q4.)SomewhatNo

- 3. In what way would you have wanted to be involved?
- 4. How congruent was this work with the other work you perform within your school?
 - Very congruent
 - Somewhat congruent
 - Not very congruent
 - Not congruent at all
- 5. If you assisted in the recruitment of Youth Leads and/or Youth Champions, please tell us how easy or difficult it was for you to do so.
 - Very easy
 - Fairly easy
 - Somewhat difficult
 - Very difficult
 - I was not involved in recruitment (skip to Q.7)









6.	What could have facilitated the recruitment of Youth Leads and/or Youth Champions?

7. Please rate your satisfaction with the following aspects of the YMHAC Initiative:

	EXCELLENT	GOOD	FAIR	POOR	NOT APPLICABLE
a. Ease of communication with health unit staff					
b. Degree of collaboration with health unit staff					
c. Support received from health unit staff					
d. Time committed to the Initiative					





8.	If you rated any of the statements above as "fair" or "poor", please tell us what could have helped to increase your satisfaction:
9.	To what extent has your capacity to contribute to mental health promotion, wellness, and youth resiliency improved as a result of participation in YMHAC?
	■ A great deal
	□ Somewhat
	□ Not too much
	■ Not at all
10.	To what extent would you describe your school as being a healthy, safe and caring environment for youth?
	□ Our school is a very healthy, safe and caring environment for youth
	□ Our school is a fairly healthy, safe and caring environment for youth but there is still room for improvement
	$\hfill \square$ Our school is not a healthy, safe and caring environment for youth; there is much room for improvement
11.	To what extent do you think your efforts undertaken through the YMHAC Initiative will have an impact on youth resiliency?
	■ A great deal
	□ Somewhat
	■ Not too much
	■ Not at all







■ Very valuable

12.	How valuable has it been for your school to be involved in the
	YMHAC Initiative?

	□ Somewhat valuable
	■ Not very valuable
	■ Not sure
13.	The primary goal of having school staff involved with the YMHAC Initiative was to support youth in their activities. Looking back, what have you found are the main benefits for you and/or your school of having been involved with the YMHAC Initiative? (Check all that apply)
	■ Increased awareness of what the local health unit is doing to address mental health and substance misuse
	$\hfill \square$ Increased engagement of students in activities to address mental health and substance misuse
	□ Increased my capacity to address substance misuse
	□ Increased my capacity to address mental health issues
	□ Increased my capacity to undertake mental health promotion
	■ Provided opportunities for collaboration and joint Initiatives
	□ Other, please specify
14.	Do you plan to continue with the work you have been doing as a result of your involvement with the YMHAC Initiative?
	□ Yes
	■ Not sure

■ No, please explain why _____





15.	What would you need to ensure the work you have been doing as a resu of the YMHAC Initiative can continue? What is already being done (i.e. resources, health unit support, school administrator support, etc.)?

